NEWSLETTER September 2021

EAST PRESTON FAMILY RESOURCE CENTRE

SEXUAL VIOLENCE PREVENTION COMMUNITY ENGAGEMENT

September Issue: Consent



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Consent

Consent - when someone freely agrees to engage in a certain act. It is a non-negotiable part of sexual activity.

Simply put, consent is about caring if another person wants to engage in sexual activity and respecting their decisions regarding their boundaries, needs, and wants.

If consent isn't present, it's sexual violence.

To take the online training, please visit www.breakthesilencens.ca/training





Everyone involved must be clear on what they are consenting to.





Consent is not present if they were pressured into engaging in that sexual activity.





Consenting to sexual activity on one occasion doesn't mean that person is consenting to sexual activity in the future. Consent must be present each and every time someone engages in sexual activity.





Consent must be given for each and every sexual act. Just because consent is present for one sexual act doesn't mean it is present for another. People's desires and feelings of comfort and safety can shift throughout a sexual encounter.





All parties must be able to stop the sexual activity at any point. This means checking in with the person(s) throughout the sexual activity, getting a clear answer and then respecting that answer.



A drunk yes is a big no.



See more at birdsandthebees.ca

We all have a role in ending sexual violence.

Shaking her tail feathers doesn't mean she's asking for it.



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